

# BE Ethical, Make a Decision

Ethical Decision Making is a cognitive process that considers various ethical principles, rules and virtues or the maintenance of relationships to guide decisions or actions. – Coky Fauzi Alfi

relationships to guide decisions or actions. – Coky Fauzi Alfi
How — what does being ethical look like?
Why – why is being ethical important?
What are some of the things you consider when making work related ethical decisions?

### **CCAR Recovery Coaching Fundamentals**

- Actively Listen
- Ask Good Questions
- Know & Manage My Own Stuff
- ❖ Treat People As Resources

## Do It Right!

- Values
- Standards
- Beliefs
- Biases

#### How?

- Don't be on automatic
- What are the facts
- Consider possible options
- Consider possible consequences
- ❖ BE Ethical, Make a Decision
- Evaluate, Modify

## Why?

- **❖** Role Model
- Problem Solver
- ❖ Truth Teller
- Friend

## BE Ethical, Make a Decision

- How are my experiences impacting this decision?
- What does this say about me, to me?

